

destination maternity™

Schedule of Events

March 2011

**“Everything a pregnant woman could ever want or need,
Featuring a huge selection of Maternity Fashion”**

Registration is available at Destination Maternity by using the Parent Education Phone at the Juice Bar or calls the Parent Education department at 973-322-5360

**Pre -Registration is required for all classes
Classes are held only with adequate enrollment**

Monday

10:00am-5:00pm Newbornmom Breastfeeding Solutions

Tuesday:

10:00am- 5:00pm Newbornmom Breastfeeding Solutions

Wednesday

10:00am-5:00pm Newbornmom Breastfeeding Solutions

6:00pm – 7:00pm

Meet the Birth Doula (free)
Registration is required

Thursday:

10:00am-5:00pm Newbornmom Breastfeeding Solutions

Friday:

10:00am-5:00pm Newbornmom Breastfeeding Solutions

Saturday:

1st and 3rd of every month Infant CPR for Friends and Family
10am & 12:30pm (2 hour Class)



*Destination Maternity has partnered with Saint Barnabas Medical Center to
Offer Parent Education classes and physician lectures at its Livingston location*

Livingston Town Center
2115 Town Center Way, Livingston, NJ 07039
973-994-5185

Class Descriptions

NEWBORN MOM BREASTFEEDING SOLUTIONS

Individual breast feeding consultations with you & your baby may be arranged with a certified Lactation Consultant. The consultant will assist you with latch on problems, milk supply issues and much more. Consultations are usually an hour or more. Fee: \$150 per session.

To sign up please call Dawn @ 973-740-0400

MEET THE BIRTH DOULAS (Free)

Information session on a labor support doula and her fee-for service offerings during your labor and delivery. She will give an overview on the comfort measures she can provide throughout your entire birth experience.

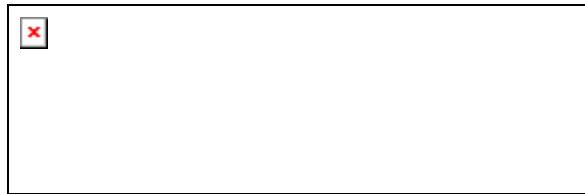
To sign up please call Sarah @ 973-889-0060

INFANT CPR FOR FRIENDS AND FAMILY

\$40.00 PER COUPLE - \$25.00 PER SINGLE

This is an entry level course which offers instructions in infant & child CPR. Foreign body airway obstruction (choking) training is included. This course is a must for anyone caring for newborns and children.

To sign up please call CPR Training Center @ 973-926-7407



Destination Maternity has partnered with Saint Barnabas Medical Center to Offer Parent Education classes and physician lectures at its Livingston location

Livingston Town Center
2115 Town Center Way, Livingston, NJ 07039
973-994-5185